

LIFE MAPPING

1. What do you really want out of life?
2. How much energy, effort and sacrifice are you willing to expend to get it?
3. What are your talents, gifts and strengths?
4. What are your weaknesses?
5. Who do you admire and respect the most ?
6. What are your highest values?
7. What do you believe your mission in life is?
8. At the end of your life what would you like your epitaph to say?
9. Ideally what would you like to achieve in the next 5 years?
10. What will you need to change in order to achieve those goals?